



“Talent is NOT Enough”

Did you know?

In Alberta, after only 250 hours of education, a therapist can become registered and licensed to offer massage therapy. As a consumer, it is very important you research the education and experience your therapist has.

The Registered Massage Therapists that partner with Spagoes and Apex Massage Therapy Ltd, are registered with the City of Calgary, members of an accredited association and have extensive education and experience in Massage Therapy.

We pride ourselves on 1000 to 2200 hours of training.

Spagoes and Apex Massage Therapy Ltd are a group of well-educated massage therapists who care about their clients.

Since 1994, Apex Massage Therapy, our first company, located in Kensington, has grown to twelve registered therapists and with that comes shared treatment knowledge and a variety of techniques. These therapist welcome the opportunity to share their skills and treatments with Spagoes clients and are often available for onsite table or chair massage treatments. Call Spagoes to schedule your regular in home massage treatments or visit Apex Massage Therapy for a serene and professional environment.

The Spagoes Team of Estheticians hold a certificate from a recognized and accredited college. They are familiar in the theory of the anatomy of the nail, nail diseases, disorders, special treatments and repairs for nails along with the physiology of the muscles and circulatory system of the foot and hand and how it can affect the nail.

They are familiar with the background theory necessary for skin care and the practical application of manual facial treatments and all the necessary elements and types of facials. This includes the product knowledge that is the basis for all treatments. Anatomy and Physiology, Chemistry for Estheticians, Physiology and Histology of the Skin, Skin Disorders/Diseases and Skin Analysis.

The Spagoes Team prides themselves on professionalism and are proud to offer treatments that are beyond the industry standard.